

Sarat Centenary College

Department of Physical Education

Assignment for internal assessments for Sem-III General course

Paper	Assignments (Attempt any one) 10X1=10	WhatsApp number (To be submitted)
Course Code- CC1C Anatomy, Physiology and Exercise Physiology	1. Effect of exercise on muscular system. Or 2. Types and functions of Tissue.	9564572019
Course Code- SEC1 Track and Field	1. Standing starting technique in track events. Or 2. Different finishing techniques in track events.	

❖ The assignment must carry the following details of the student:

1. Name of the Student:
2. University Roll number:
3. University Registration number:
4. Paper Details: (including paper Type, Number and Title)
5. Mobile Number and/or e-Mail Address:

❖ For each paper create separate file.

❖ Date of submission 27/02/2021.

Head of the Department of Physical
Education

Sarat Centenary College

Dated: 23 February 2021